

PSHE Long Term Plan

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn	<ul style="list-style-type: none"> • Talks about past and present events in their own lives and in the lives of family members (UW) • Talks about ways to keep healthy and safe (PD) • Manages own basic hygiene and personal needs successfully, including dressing and going to the toilet independently (PD) 	Rules & Making Friends	Friendship and belonging	Online Safety	Rules & Responsibilities	Law & Order	Strengths
		Feelings	Co-operation	Rules & Responsibilities	Diversity	Substances	Race & Ethnicity
				Healthy Relationships	Discrimination	Grief	Gender Stereotypes
Spring		Health & Hygiene Behaviour	Personal Hygiene The body	Healthy Lifestyles Communication Diversity	Collaboration Bullying Similarities & Differences	What's Puberty? Healthy Lifestyles Confidentiality	Health Marriage Business Support & Care
Summer		Kindness & Caring Money	Local Citizenship Life Skills	Growing & Changing Emergency Shared Goals	Emotions Growing & Changing Aspirations First Aid	Food choices Physical Contact Goals First Aid	Substances Budgeting Income Healthy & Unhealthy Relationships